

Astrology Independent Study Module No. 47

Health and Sickness

Health and happiness are to most people the prime objects of life, and whoever has them is rightly considered lucky, though, as we have endeavored to show in the Rosicrucian Philosophy, luck is very closely linked to merit. We have earned what we have, either in this life or in a former one, and what we lack in good health or physical well-being we may acquire in this or later lives by good use of our opportunities.

Disease is a manifestation of ignorance—the only sin; healing is a demonstration of applied knowledge—the only salvation. Christ is an embodiment of the Wisdom Principle, and in proportion as the Christ is formed in us, we attain health.

To the best of our ability, we should live spiritual lives, and endeavor to adhere to a system of high ideals so that we shall eventually learn to conform to God's laws and thus attain permanent health in the future as well as now.

Some people demand perfect health and claim that they have a right to it. They forget that either now or in a former life expression they forfeited their God-given right to health through acts of disobedience to the laws of nature—which are the Laws of God. Through suffering they needs must learn obedience. For it is

a positive fact that when fundamental principles of clean living are disregarded, on which the health of the body depends, people become ill, mentally and physically. Consequently, if they wish to regain their health they must learn to understand these principles, and regulate their daily habits in conformity with them. This is what the Master Healer, Christ Jesus, meant when He said to the man who was a cripple: "Thou art made whole: sin no more, lest a worse thing come unto thee." ([John 5:14](#)).

Even the Master Christ could not give lasting health unless the recipient of the healing force refrained from indulging wrong habits which cause disease.

Therefore, as before stated, to regain or retain health one must adopt the gospel of Right Living. One must observe a meatless diet, if possible, live in well ventilated quarters, occupy the mind with pure thoughts, and employ the daily life with pure actions.

The following are some of the omissions and transgressions responsible for disease and sickness:

- Unnatural food.

- Too much food.

- Ill-proportioned food.

- Lack of fresh air and sunshine.

- Lack of cleanliness.

- Lack of exercise.

- Lack of rest and sleep.

- Lack of self-control.

- Yielding to temper.

- Gratifying low desires.

- Harming fellow creatures (animal or human).

Abusing the sacred generative function.

Harboring thoughts of anger, hatred, and resentment.

Since all of the organs and functions of the body are interdependent, the abuse and consequent affliction of one part hurts all the others, furthers the accumulation of disease poison throughout the system, and lowers the vitality of the whole. Local symptoms are only evidences of the whole body being at fault. Therefore, corrective measures should not be directed to the suppression of symptoms, but to the removal of causes which make the symptoms appear.

Astrologers have a sacred duty and may lay up much treasure in heaven by judicious advice as regards health indicated in any chart that they are delineating. A horoscope shows incipient disease from the cradle to the grave, and thus it quite often gives ample time to apply the ounce of prevention and escape an illness (if the Law of Consequence permits), or at least to ameliorate its severity when disease overtakes us. It indicates the days when crises are due, and thus forewarned we may take extra precautionary measures to tide us over the critical point. It indicates when inimical influences will wane, and fortifies us to bear suffering with strength born of the knowledge that recovery at a specific time is probable.

Thus Astrology offers help and hope in a manner obtainable by no other method. Its scope is infinite.

And remember the four *Nevers*:

Never tell a patient a discouraging fact.

Never tell him when impending crises are due.

Never predict sickness at a certain time.

Never, Never predict death.

Astrology is too sacred a science to be used in any other manner except that of *service*. So let the student forget about his own horoscope and devote his knowledge to helping others.

Health and Sickness

The main indicators of health and sickness are the [Sun, Moon, and Ascendant](#), together with the planets in the 1st house. Also, the 6th house and its ruler are vitally important.

The 6th house is the house of health and sickness, and very often gives the key to a patient's condition. We therefore look first to the ruler of this house to see what it indicates, in what sign and house it is placed, and what the nature of the sign is and what part of the body is ruled by it. Next, we must see what planets are aspecting the ruler of the 6th house.

The places of [Saturn, Mars, Uranus, and Neptune](#) always indicate weak points in the anatomy. The place of Saturn is particularly sensitive.

(Ref., [Message of the Stars](#), (Ref. #2 »), (Ref. #3 »), and (Ref. #4 »), and, [Astro-Diagnosis](#).)

Both the Sun and Moon affect health in all horoscopes, but the Sun is the particular significator of health for men, and the Moon has the same function in a woman's horoscope.

Example

Cancer is a sign of weak vitality. It rules the stomach, esophagus, diaphragm, pancreas, the mammae, lacteals, upper lobes of the liver, and the thoracic duct.

The Sun rules the vital fluid, spleen, distribution of heat, oxygen, and the heart.

The Moon rules the esophagus, stomach, the uterus and ovaries, the lymphatics, the sympathetic nervous system, and the synovial fluid.

Therefore,

the Sun in conjunction with the Moon in Cancer indicates tendencies to one or more of the following: anemia, dropsy (edema), dyspepsia, gastric fever, stomach troubles, indigestion, epilepsy.

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Also

The [Moon square Uranus](#) signifies some trouble with the stomach; cramps, flatulence, possible trouble with the eyes and spasmodic weaknesses of [the Etheric \[Vital\] Body](#).

Questions:

[You are welcome to [e-mail](#) your answers and/or comments to us. Please be sure to include the course name and Independent Study Module number in your e-mail to us. Or, you are also welcome to use the [answer form below](#). *(Java required)* You will find the [answers](#) to the questions below in the next Astrology Independent Study Module.]

1. [a] What parts of the body are ruled by Gemini?

[b] What does Gemini on the boy's Ascendant indicate?

[c] What diseases are shown by questions a and b?

2. Give in a concise manner the general tendencies denoted by the following configurations:

[a] Mars in Gemini in conjunction with the Ascendant, co-ruler of the 6th house.

[b] Mars trine Saturn.

[c] Mars square Neptune.

3. State the physiological and anatomical rulerships of Mars.

4. State briefly the conditions signified by:

[a] Venus in Cancer, co-ruler of the 6th house.

[b] Venus parallel Saturn.

5. Name the weak points in the anatomy caused by:

[a] Saturn in Aquarius.

[b] Uranus in Aries.

[c] Neptune in Virgo.

6. Write a brief paragraph giving the main indications of health in the boy's chart.

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Answers to **Astrology Independent Study Module No. 46:**

1. *Friends.*

[a] Pisces on 11th: Many friends, some undoubtedly bringing much sorrow.

[b] Neptune in 4th: Soul growth through friends toward the close of life.

[c] Neptune sextile Venus: Platonic and pleasing companions.

[d] Neptune sextile Sun: Friends who are advanced along spiritual lines.

[e] Neptune square Mars: Contacts with fanatical, sensual and dishonest people. Some friends attracted would be of low character.

[f] Mars conjunct Asc.: Ambitious, persuasive and overbearing friends.

[g] Mars sextile Mercury: Concrete minded friends of an enthusiastic order aid him with their remarkable dexterity. A keen, quick mind, wit: sometimes bluntness and sarcasm.

[h] Mars trine Saturn: Friends who persist through life with their determined energetic forcefulness aid him to achieve unusual success. Brings esteem and overcomes a rather cruel, hard vein in his nature.

[i] The boy will have many friends, (Pisces on the cusp of the 11th house), particularly platonic relationships (Neptune sextile Venus) among those who are spiritually advanced, (Neptune sextile the Sun), and much soul growth will accrue especially toward the end of life, (Neptune in the 4th house). He will have much sorrow also, (Pisces on the cusp of the 11th house), brought on by the machinations' of ambitious friends, (Mars in the Ascendant), and in his desire for money and success he will contact numerous fanatical, irascible people who will make his life miserable, (Neptune square Mars). Mars in conjunction with the Ascendant, in Gemini, indicates bluntness, however. If he controls this bluntness and overcomes a slight tendency to be somewhat cruel, he will warrant the esteem and help of people of position and authority, (Mars trine Saturn).

2. *Open Enemies.*

[a] Sagittarius on 7th: Sagittarius is a dual sign. Therefore, open enemies of two distinct types; those of a gambling and intemperate disposition or those of a just, religious, and philosophical nature.

[b] Jupiter ruling 7th: Law-abiding, charitable and benevolent open enemies.

[c] Jupiter trine Uranus: Sudden animosities will be overcome by the native's honest and sincere nature. His sociable, hospitable and friendly manner will turn many open enemies into influential friends.

[d] Jupiter in 4th: Very few if any, enemies in later life. As a master of fact, his open enemies could turn out to be far better friends than his "friends."

3. *Secret Enemies.*

[a] Aries on 12th cusp: Many impulsive, energetic, and audacious secret enemies.

[b] Taurus in 12th: Underhanded enemies who may try to steal his possessions and emotional attachments with the opposite sex may bring him trouble through obstinate, revengeful personal attacks. Petty differences in personal matters may bring sorrow through possessions.

[c] Uranus in Aries: Resentment and much opposition.

[d] Uranus in 12th: Many underhanded enemies and unexpected trouble therefrom.

[e] Uranus square Moon: Sudden and unexpected disaster results through enemies created by clandestine attachments and unconventional action.

[f] Uranus trine Jupiter: This aspect will help him immeasurably to offset and withstand the tribulations inflicted upon him by many secret antagonists. Application of philosophical ideals to his daily living overcomes unconscious reactions of a detrimental nature.

4. *Synthesize questions 2 and 3 in one short paragraph.*

There will be few open enemies during his life. Those who do turn against him will deal with him charitably and benevolently, (Jupiter ruler of the 7th house), such enemies probably being of an easy-going, sporting disposition, or of a philosophical, religious nature, (Sagittarius on the cusp of the 7th house). Many secret and underhanded foes, however, and trouble therefrom, (Aries on the cusp of the 12th house, Mars ruler thereof. Uranus in the 12th house). Selfish indulgence may cause loss of possessions and emotional attachments may bring sorrow through the opposite sex (Taurus coruler of the 12th house, Venus ruler thereof) and disasters will result (Uranus square Moon), but natural sincerity and honesty (Uranus trine Jupiter) will offset the evil in all departments of his life to a marvelous degree.

5. *Brothers and Sisters.*

[a] Cancer on 3rd: Imaginative, sensitive, tenacious and opinionated brothers and sisters. Worrying and bothersome details result from close association with relatives.

[b] Mercury in the 3rd house denotes some harmony with brothers and sisters, but Mercury in opposition to Saturn will make them bitter, sarcastic, cunning, untruthful. They will obstruct and hinder him to a great extent in his mental pursuits.

6. *Journeys.*

[a] Cancer indicates many journeys but Mercury in opposition to Saturn will cause delays, troubles, and obstacles.

[b] Unfavorable. Saturn in the 9th house in opposition to Mercury in the 3rd and Capricorn on the cusp of the 9th obstruct, hinder, and delay long journeys. Saturn trine Mare in Gemini in 1st house

shows greater tendencies towards long journeys in early part of life.

Supplemental Student Material:

Light As Therapy

The word *therapy* is derived from a Greek word meaning "healing." The verb "to heal" is derived from a Teutonic word which means, among other things, "to reconcile." "Reconcile" comes directly from the Latin root-words "re" (again) and "con" (with)—together these indicate *to reunite*. Therapy is thus seen to mean more than "a process of fixing up a part of the body." It means "to reunite harmoniously the affected part with the rest of the organism." All therapy serves the purpose of re-establishing the consciousness of physical, mental, psychological, or spiritual unification. Christ Jesus said, "My Father and I are **One**," "Be ye perfect even as your Father in Heaven is perfect," and "Love ye one another." In these and other similar statements is found the declaration of the unity of each with all and of all with the one—the health, harmony, and beauty of unity in diversity. If the word "health" is understood to mean the vital and harmonious functioning of the parts of the physical, emotional, and mental bodies then the *consciousness of love is the health of human relationships*, for it is in the consciousness of Love that the fulfillment of experience is made and relationships are the agencies of experience.

The urge to realize or to recognize (re-cognize—to know again) *unity* is nowhere better illustrated than in those activities which characterize healing. If disease, malformation, and abnormality were characteristics of truth-full human being-ness, these conditions would be accepted and endured without attempts made

to correct them. In fact, with such an attitude, it would never occur to anyone to try to correct them. But Man, who is of the *one spirit of his Creator*, seeks to realize the *unity which is his true state*. That *unity* is objectified as, or reflected in, the harmonious inter-relation of all of his parts with each other. The "search for health" is the striving, in consciousness, to recognize and realize the White Light of *unity*.

There seems to be so wide a divergence, in "style," between the work of the spiritually-minded astrologer and that of the therapist. The former studies an abstract diagram on a piece of paper and the latter studies the living, breathing human body. Their respective "materials of study" are poles apart but it is of paramount importance for astrological students to realize that these two methods of human study are *fraternal*—the astrologer and the therapist are "spiritual brothers." Both must exercise the faculty of analysis, of symbols or of bodily parts and faculties, which is the basis of diagnostic art. Both of these "brothers" must know the individualized significance of each symbol or of each bodily part and that knowledge is distilled by focused, specialized study. In the experience of the astrologer, the concentrated exercise of intuition, through meditation, is also a most important factor. That which represents essential knowledge gained by analysis is that of the inherent perfection of the individualized part and of the significance of the relationship of the perfection of the part to the inherent perfection of the whole—horoscope or body. Thus it is seen that the work of analysis is counterparted and completed by the work of synthesis. Synthesis, in this respect, may be thought of as being that form of study by which true knowledge of microcosms—astrological factors or bodily parts—is correlated to true knowledge of the macrocosm—the entire horoscope or the entire composite of the physical, emotional, and

mental bodies. Both of these forms of inquiry contain the same kind of exercise of consciousness. "Exercise of consciousness" means "using the powers of light" (as sensory perception to acquire factual knowledge through observation and study), and "using the powers of Light" (intuitive and spiritualized realization of Truth and motivations of dedicated service to human betterment and enlightenment). Health *is*, as one way of manifesting and identifying the unity of spirit. Healing, by whatever means—objective therapy or educational enlightenment—is an action by which consciousness of health is intensified. This, in essence, comprises the service of both the astrologer and the therapist.

Astrology is, first and foremost, a study in symbols of the evolving consciousness of humanity. Therefore, the astrological reader who aspires to fulfill a service of therapy must acquaint himself with the subject of epigenesis. This word, derived from two Greek root-words, means "to build upon." In its esoteric or esoteric application, it refers to the faculty of humans to build the quality of their vehicles upon the quality of their consciousness. "As a man thinketh, so is he" depicts this faculty, which is the one creative faculty expressed by all humans from the start of their evolutionary unfoldment. From incarnation to incarnation, on the spiral of unfoldments of consciousness, human vehicles are formulated on the etheric planes, as matrices of the physical, by conditioning of the individual consciousness and karmic necessity. Since no human can use consciousness for another—in the absolute sense—this means that we, individually, *determine the future quality of vehicles by present exercise of consciousness.* Since we tend, subconsciously or instinctively, to identify ourselves and other people as "bodies," let us consider a horoscope as being a picture of a body: The circle may then be taken to represent the

enclosure of skin, the "outside of the physical body;" the planetary points are the vital organs, centers of perception, and all other bodily contents. All human bodies are dense expressions of one structural plan or idea and though a human may appear at birth to be without some factor of sense-perception or organic structure and function, it is important to recognize that *all human horoscopes have the same number and kind of symbolic factors*. Lacking a bodily member or sense-organ throughout an entire incarnation does not deprive any human from his full quotient of horoscological factors.

Correspondingly, if, during the course of the incarnation, the person experiences a severance of a bodily part or cessation of a sense-perception, his horoscope *still remains entire*—he does not have a planet or sign taken away. This means that, as a living and functioning human, *his potentials remain intact*. Vehicular deficiency from birth or through incident during the incarnation *out-pictures a temporary obscuration of consciousness*, in a specialized way, *of potentials*. To experience chronic or incidental physical lack is the *karmic result* of having expressed consciousness in some way in the past that contributed to another's lack, or limitation. In so doing, the perpetrator of the act *identified himself with obscuration* with the inevitable result that he, fully to explore that factor, must experience the obscuration in incarnated experience. If the will to survive *and develop* is sufficiently strong, the person will make intensified effort to compensate for the bodily deficiency; the evolved soul will seek to *understand the causation of his deficiency* in addition to his efforts to perpetuate physical survival. It is the latter type of humans for whom the astrologer may most satisfactorily act as a therapist because in the study of the horoscope as a *registration of consciousness* he may help the afflicted person to understand how

he may regenerate his patterns of consciousness, mind, and emotion.

The path of "astro-therapy" is probably the longest path that can be walked by an astrologer because every step taken on it must first be realized in the astrologer's own consciousness. As "beauty is in the eye of the beholder," so the ideality of health must be established, degree on degree, in the mind, emotion, and awareness of the astrological interpreter. The astrologer who, through whatever fixity or congestion of attitude, is unwilling to undertake programs of internal regeneration might just as well direct his energies and attention to some other branch of the subject because he will be stopped on this path almost as soon as he is started. The desire to help another to realize more health (unfold a greater realization of health- full being) can be fulfilled only to the degree that the astrologer charges his own consciousness with more health-full-ness in the form of *experienced regeneration* and the subsequent *realizations of spiritual truths conveyed by the symbolism of the horoscope which he studies*. The proof of his desire is attested in the degree with which he seeks more clearly to understand the causations behind the "unhealthy evidences" in his own chart. If he cannot "face his own karmic causations," how can he possibly perceive those of another person? The *will to truth* is the basic Light which must be turned on his own chart; with that application, in sincere motivation and idealism, he qualifies to help others. Technical material on astro- diagnosis—the correlation of symbols with bodily parts and conditions—must be learned first. Astro-therapy starts when the astrologer teaches the client how he must start using his consciousness in specialized regenerative ways to decrystallize and transmute the "obscurations" shown in the chart. The astrologer, for himself or for another person, uses astro-

therapy when he *starts to realize* the following, which are offered as a few basic suggestions:

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The Sun: realization that the consciousness of *power* must be attended by right use and application of Power; Power is for *good use*, not for egotistical gratification; the urge to survive is not a competitive fight with other humans—it is the aspiration to realize *life's unity and eternity*; the Sun symbolizes the consciousness of health through self-mastery.

The Moon: realize the significance and importance of the mechanism of the instinctual mind as the store-house of memories from past lives; fears, tensions, and hatreds stimulated by reaction to domestic, parental, national, and racial relationships may be harmonized and transmuted by (1) clearer understanding of the laws of karmic magnetic attraction and (2) stopping the *expression* of fears and tensions in those relationships and substituting more co-operative, constructive, loving, friendly and wisely appreciative attitudes.

Mercury: stop using the (great) power of the spoken and written word as a vehicle for expressing destructive criticism, malice, untruth, and prejudice; *start* using the transmuted powers of clear, unbiased thinking to evaluate more truthfully, to *express* encouragement and constructive judgment, to *open* the mind in willingness to learn and to consider helpful suggestions; respond with enthusiasm and joy to opportunities to learn and to understand; it is your prerogative to *train* your mind in any way you desire and to *use* it to realize truths; it is also your right to know that *only you* can put your consciousness—with its darkness or its light—into words, and if you desire to realize a higher degree

of mental health you *can do so* by using the power of the word to express that which is true and loving.

Venus: you do not *have to be* indolent, lazy, and negatively passive; you *have* resources of energy *for use* and you can learn to express those energies in ways that make life more beautiful and inspiring; you can develop your sense of the beautiful by disciplining your emotional responses in such a way that your *expressions of consciousness contribute to the harmonization of your relationships with other humans*; you *can* become more cooperative with, and appreciative of, other people and will automatically yearn to do so when you *let your consciousness become more aware of the good and the beauty which they represent*.

Mars: When the energy represented by this symbol is *used* to add potency and effectiveness to constructive and regenerative endeavors, cruelty, malice, fearful retaliations, and other such impulses are diminished; the physical organism retains its magnetic and vital qualities through constructively motivated conservation and with such internal discipline, the realizations of capacities, self-confidence, and worth-while goals are unfolded.

Saturn: the tendencies toward crystallization and devitalization are counteracted when the *consciousness of joyous and loving fulfillment of legitimate responsibilities* takes the place of the attitude of burdensomeness. In the individual horoscope, Saturn indicates—by its position and aspects—a point of much-needed *balancing through additional fulfillment*; the unbalance implied has its resource in neglect and unfulfillment of a past life in that particular department of experience. The therapeutic value of Saturn lies in the *consciousness of the immutable justice of spiritual and evolutionary law*; guilt and remorse complexes, with

their corresponding corrosive and crystallizing effects on the body, can be released through recognition that *now* is the time to do what is *right*, and in so doing the karmic obligation is fulfilled in the consciousness of healthy and reasonable attitudes.

Jupiter: like that of Mars, this stands for a type of energy that needs control and discipline; in its negative implications it is the symbol of *greed* and false compensation; *sincerity of motive, word, and deed* is the spiritualization of consciousness represented by Jupiter because the power of the sincere mind and heart is the counteractive to *internal falseness* which prompts the development of greeds and distorted compensations. Jupiter symbolizes man's *realization of truth* and aspiration to unfold true judgments. In consciousness, the *nobility of true sincerity* must supplant the illusionary nobility of false pretense, aggrandizement, and affluence.

Neptune and Uranus: the symbols of super-sensory perceptions and of transcendent areas of consciousness; Neptune is the spiritual power of *faith*, Uranus is that of *impersonal love*; Neptune is the power to *visualize internally and to idealize*—the person who has faith in the existence of health can *visualize it for himself*. Uranus is the *urge to liberation* and *he who would free himself from constricting conditions must contribute lovingly to the liberation of others*. Use these interpretations as "food for thought" and know that they are only a few examples that illustrate the "therapy of human consciousness by the *power of Light*."

—**Supplemental Student Material Reference:** [Studies in Astrology](#), Elman Bacher

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