

**Advanced Core Concepts  
Independent Study Module No. 33**

**Spiritual Light—The New Element and the New  
Substance**

The summer and winter solstices together with the vernal and fall equinoxes form turning points in the life of the great [Earth Spirit](#), as conception marks the commencement of the human spirit's descent into the earthly body, resulting in birth, which inaugurates the period of growth until maturity is reached. At that point an epoch of mellowing and ripening has its inception, together with a decline of the physical energies which terminates in death. That event frees man from the trammels of matter and ushers in the season of spiritual metabolism whereby our harvest of earthly experiences is transmuted to soul powers, talents, and tendencies, to be put to usury in future lives, that we may grow more abundantly rich in such treasures, and be found worthy as "faithful stewards" to fill greater and greater posts among the servants in the Father's House.

This illustration rests upon the secure foundation of the great law of analogy, so tersely expressed in the Hermetic axiom,

"As above, so below." Upon this, the master-key to all spiritual problems, we shall also depend for an "open sesame" to this self-study module, which we hope may correct, confirm, or complete previous views on the part of our students, as each requires.

The bodies originally crystallized in the terrible temperature of [Lemuria](#) were too hot to contain sufficient moisture to allow the spirit free and unrestricted access to all parts of its anatomy, as it has at present by means of circulating blood. Later, in early [Atlantis](#) it had, indeed, blood, but this moved only with difficulty and would have dried quickly because of the high internal temperature, save for the fact that an abundance of moisture was supplied by the watery atmosphere which then prevailed. Inhalation of this solvent gradually lessened the heat and softened the body until a sufficient quantity of moisture could be retained within to allow respiration in the comparatively dry atmosphere which later obtained.

The earlier Atlantean bodies were of a grained and stringy substance, not unlike our present tendons and also resembling wood, but in time flesh eating enabled man to assimilate sufficient albumen to build elastic tissue necessary for the formation of lungs and arteries so as to allow unrestricted circulation of the blood, such as now obtains in the human system. By the time these changes within and without had taken place, the grand and glorious seven-colored bow appeared in the rain-laden sky to mark the advent of the Kingdom of Men, where conditions were to be as varied as the hues into which its atmosphere refracted the uni-colored light of the sun. Thus the first appearance of the bow in the clouds

marked the commencement of the Noachian age with its alternating seasons and periods.

The conditions prevailing in this age are not permanent, however, anymore than those of previous ages. The process of condensation which transformed the fire-fog of Lemuria into the dense moist atmosphere of Atlantis, and later liquefied it into the water which flooded the cavities of the Earth and drove mankind to the highlands, is still going on. Both the atmosphere and our own physiological condition are changing, heralding to the seeing eye and the understanding mind the dawn of a new day upon the horizon of time, an age of unification called in [the Bible](#), "the Kingdom of God."

The Bible does not leave us in doubt concerning the changes. Christ said that as it was in the days of Noah so should it be in the coming day. Science and invention are both now finding conditions not previously met. It is a scientific fact that oxygen is being consumed at an alarming rate to feed the fires of industry; forest fires are also drawing enormously upon our stock of this important element, besides adding to the drying-up process which the atmosphere is naturally undergoing. Eminent scientists have pointed out that a day must come when the globe cannot sustain life depending upon water and air for existence. Their ideas have not excited much anxiety as the day they have named is so far in the future; but though the day be distant, the doom of [the present Fifth Epoch Earth](#) is as inevitable as that of the flooded Atlantis.

Could an Atlantean be transferred to our atmosphere, he would be asphyxiated as are fish taken from their native

element. Scenes viewed in the Memory of Nature prove that the pioneer aviators of that time actually did faint when they encountered one of the air streams which gradually descended upon the land which they inhabited, and their experience caused much comment and speculation. The aviators of today are already encountering the new element and experiencing asphyxia as did our Atlantean forebears, and for analogous reasons—they have encountered a new element descending from above, which will take the place of oxygen in our atmosphere. There is a new substance also entering the human frame which will supersede albumen. Moreover, as the aviators of ancient Atlantic fainted and were prevented by descending air currents from entering the current Fifth Epoch continental land masses, the promised land, prematurely, so will the new element baffle present day aviators as well as mankind in general until all have learned to assimilate its material aspects. And as the Atlanteans whose lungs were undeveloped perished in the flood, so will also the new age find some without the "wedding garment" and therefore unfit to enter until they shall have qualified at the later time. It is therefore of the greatest importance to all to know about the new element and the new substance. The Bible and science combined furnish ample information upon the subject.

In ancient Greece religion and science were taught in the mystery temples, together with the fine arts and crafts, as one united doctrine of life and being, but this condition is now temporarily abrogated to facilitate certain phases of development. The unity of religious and scientific language in ancient Greece made these matters comparatively easy of

comprehension, but today complications have set in owing to the fact that religion has translated and science merely transferred their terms from the original Greek, which has caused many seeming disagreements and a loss of the link between the discoveries of science and the teachings of religion.

To arrive at the desired knowledge concerning physiological changes now going on in our systems, we may call to mind the teaching of science that the frontal lobes of the brain are among the most recent developments of the human structure, and make that organ in man enormously larger proportionately than in any other creature. Now let us ask ourselves: Is there in the brain any substance peculiar to that organ, and if so, what may be its significance?

The first part of the question may be answered by reference to any scientific textbook bearing upon the subject, but *The Rosicrucian Cosmo-Conception* gives more, and we quote from it as follows:

"The brain.....is built of the same substances as are all the other parts of the body, but with the additional of phosphorous, which is peculiar to the brain alone. The logical conclusion is that phosphorous is the particular element by means of which the Ego is able to express thought.....The proportion and variation of this substance are found to correspond to the state and stage of intelligence of the individual. Idiots have very little phosphorous, shrewd thinkers have much.....It is therefore of great importance that the aspirant who is to use his body for mental and spiritual work

should supply his brain with this substance necessary for that purpose."

There are certain vegetables, such as beets, carrots, parsnips, etc., particularly their leaves, which are the best means of physically obtaining an abundance of this desirable substance. There is another and better way, however, which is indicated in the following paragraph.

It was not by chance that teachers of the Grecian Mystery School thus named that luminous substance which we know as phosphorus. To them it was patent that "God is Light" - the Greek word is "Phos." They therefore most appropriately named the substance in the brain which is the avenue of ingress of the divine impulse, phos-phorus; literally, "light bearer." In the measure that we are capable of assimilating that substance, we become filled with light and commence to shine from within, a halo surrounding us as a mark of sainthood. The phosphorus, however, is only a physical medium which enables the spiritual light to express through the physical brain, the light itself being the product of soul growth. But soul growth enables the brain to assimilate an increasing amount of phosphorus; hence the method of acquiring this substance in large quantity is not by chemical metabolism, but by an alchemical process of soul growth, thoroughly explained by Christ in His discourse to Nicodemus:

**— Back to Top —**

"God sent not His Son into the world to condemn the world.....He that believeth on Him is not condemned, but he

that believeth not is condemned already..... And this is the condemnation, that light is come into the world, and men loved darkness rather than light.....For every one that doeth evil hateth the light, neither cometh to the light, lest his deeds should be reproved. But he that doeth truth cometh to the light, that his deeds may be made manifest, that they are wrought of God." — (John 3:17-21)

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## Questions:

**[You are welcome to [e-mail](#) your answers and/or comments to us. Please be sure to include the course name and Independent Study Module number in your e-mail to us. Or, you are also welcome to use the [answer form below](#). (*Java required*)]**

- 1.** Explain the significance of the solstices.
- 2.** What did the first appearance of "the bow in the clouds" signify?
- 3.** Name the element that is being gradually eliminated from our atmosphere.
- 4.** What will man have to possess in order to function in the New Age?
- 5.** What is the substance necessary to the brain for mental and spiritual work?
- 6.** Where may we best obtain this substance?

## 7. What enables the brain to assimilate phosphorus?

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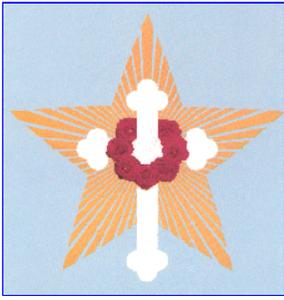
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