HEALING

Right Living and the "Right" to Health

OME PEOPLE "demand" perfect health and claim they have a right to it. They forget that either in this or in a former life they may have forfeited their God-given right through disobedience to Nature's laws, which are God's laws. Through suffering they have to learn obedience. When they have mastered this lesson and are willing to "sin no more," their right to health will be restored to them.

The Divine Healing Force is constructive. Wrong methods of living which disregard the laws of Nature are destructive.

The omissions and transgressions responsible for wrong living, and consequently of disease, are many. The following are the principal ones: unnatural food; too much food, ill proportioned food; lack of fresh air and sunshine; lack of cleanliness; lack of exercise; lack of rest and sleep; lack of self-control; sleeping in unventilated rooms; harboring thoughts of anger, hatred, and resentment; yielding to a hasty temper; gratifying low desires; harming fellow creatures, whether human or animal; abusing the sacred generative function.

Since all the organs and functions of the body are interdependent, the abuse and consequent affliction of one part hurts all the others, furthers the accumulation of disease poison throughout the system, and lowers the vitality of the whole. The local symptoms are only evidence of the whole body being at fault. Therefore, all true healing, in order to achieve lasting results, is directed not to the suppression of symptoms, but to the removal of the cause that made the symptoms appear.

Spiritual healing operates on the higher planes of being but is effected in strict adherence to Nature's laws, which prevail below as above. Consequently, all natural therapeutics applied on the physical plane are in harmony with the work of the Invisible



Helpers on the higher planes.

Visible Helpers are just as necessary as Invisible Helpers, and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every evening in the Healing Temple at 6:30 (7:30 when Daylight time is in effect) and in the Pro-Ecclesia at 4:15 P.M. when the Moon is in a cardinal sign on the following dates:

January		5—	-13-	-20-	-26
February	3–	-10-	-17-	-24-	-30

Relax, close your eyes, and make a mental picture of the white rose in the center of the Rosicrucian Emblem on the west wall of our Pro-Ecclesia, and concentrate on Divine Love and Healing.