

# Rays from the — Rose Cross

A  
*Christian Esoteric  
Magazine*

*Established by  
Max Heindel  
June 1913*

*Volume 87  
No. 5*

*September/October  
1995*

USPS 47080  
ISSN 0744-432X

Subscription in U.S.: one year, \$15.00; two years, \$28.00. California residents add applicable sales tax to all orders. Canada, Mexico and all other countries: one year, \$20.78; two years, \$39.56. Prices are in U.S. dollars and include postage. Foreign subscribers: please check current exchange rates for proper amount. Current single copies: \$3.00. Second class postage paid at Oceanside, California, 92049-0713, U.S.A. Postmaster: Send address change to *Rays from the Rose Cross*, P.O. Box 713, Oceanside, CA 92049-0713, U.S.A.

Writers of published articles are alone responsible for statements made. Manuscripts needed for all departments of *The Rays*.

Issued bi-monthly. Change of address must reach us by the 1st of month preceding any issue. Address ALL correspondence and make ALL remittances payable to The Rosicrucian Fellowship.

PRINTED AND PUBLISHED BY  
THE ROSICRUCIAN FELLOWSHIP  
P.O. Box 713, Oceanside, California  
92049-0713 U.S.A.  
2222 Mission Avenue  
Oceanside, CA 92054 U.S.A.

Telephone: (619) 757-6600  
Modem (BBS): (619) 721-1828  
Fax: (619) 721-3806

## In This Issue...

### Feature

Life Is What You Make It.....2

### Editorial

Obedience .....3

### Mystic Light

The Foundation of Founders' Day C. W. ....4

Nine Steps to Spiritual Healing Frieda Mader.....7

The New Name Dr. George W. Carey .....13

Conquering Self...O. R. ....15

You Inherited Yourself...Ernest Crutcher, M.D. ....18

How I Found the Rosicrucian Teachings .....20

### Max Heindel's Message

Acquiring Soul Growth .....21

### Studies in the Cosmo-Conception

Concentration .....22

### Readers' Questions

Condition of Animals After Death... .....24

### Western Wisdom Bible Study

The Seventh Commandment .....26

### Astrology

Introduction to Spiritual Astrology—Part III...Barbara Joiner .....29

Destiny and the Twelfth House...Edward Adams .....32

Astrology and Modes of Communication...Renate Shoemaker .....35

The Year of the Paradigm Shift...Jean de Galzain .....38

### News Perspectives

Something Missing From Your Bible?...A Probationer .....41

### Book Reviews

Paying the Ultimate Price...C. W. ....48

The Philokalia...C. W. ....48

### Nutrition and Health

Sprouting For Health .....53

### Healing

Fruit as Medicine.....57

### For Children

The Boy Who Proved His Teachers Wrong...A Probationer.....58

### Miscellaneous

Psalm 84.....Inside front cover

Crossword Puzzle: Christ's Words from Luke.....28

September/October 1995 Ephemeris .....62-63

*“A Sane Mind,  
A Soft Heart,  
A Sound Body”*

©1995 The Rosicrucian Fellowship

